

# New Asia College The Chinese University of Hong Kong

**Course Code:** GENA1112 **Year/Term:** 2023-24 / Term 1  
**Course Title:** Aspects of General Education  
**Time:** Fridays (3:30 p.m. – 5:15 p.m.)  
**Venue:** Sir Run Run Shaw Hall

**Course Teacher:** Designated teachers in various departments and guest speakers

**Course Administrators:** Ms. Amy Yip (Tel: 3943-1619, email: [amyyip@cuhk.edu.hk](mailto:amyyip@cuhk.edu.hk))  
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## A. Course Overview

The basic objective of the course is to broaden the horizon of first year students of New Asia College. Adopting an ecological model, topics related to the developmental contexts of university students, including cultural system, societal system, school system and personal system are introduced in the course. Students taking this course will be able to acquire a basic understanding of the Chinese history and culture, Hong Kong society, university life, and their own development. In addition, students are encouraged to develop critical views on the related issues in these areas.

## B. Course Syllabus

### Chinese History and Culture

- The Ideal and Spirit of New Asia College
- 中醫與中國文化哲學
- 新亞書院創立時期的香港
- 漢藏之間：六世達賴倉央嘉措情歌及其翻譯淺談

### Hong Kong Society

- Hong Kong is not Short of Land nor Housing: We are Short of Sustainability and Imaginative Thinking
- 香港粵語流行曲：十個關鍵年份
- 香港飲食文化與生活
- 社會及文化變遷中的香港粵劇

### University Life and Education

- Library Orientation and Use of Library Resources
- 邂逅香港中文大學國寶

### Personal Development

- Self-Enhancement Campaign for First Year Students
- 從《千與千尋》看成長的冒險

## C. Learning Outcomes

By the end of the course, students will be able to:

1. Describe basic knowledge in various cultures, and the College spirit;
2. Interpret social issues in Hong Kong from different perspectives;
3. Adapt to university life and use facilities in the University important for their learning;
4. Strengthen their motivation for intellectual learning.

## D. Learning Activities

1. Lecture
2. Library tour of Ch'ien Mu Library and NA campus tour
3. On-line assignment

### E. Weekly Schedule (2023-24)

Week	Date	Topic	Speaker
1	8 September	Inauguration Ceremony for New Students  Self-Enhancement Campaign for First Year Students	
2	15 September	The Brief History and Spirit of NA 新亞的創校、發展與「新亞精神」	Prof. Lee Hok Ming Honorary Professor Hong Kong Metropolitan University
3	22 September	新亞書院創立時期的香港	Prof. Ting Sun Pao Adjunct Professor Department of History
4	29 September	邂逅香港中文大學國寶	Dr. Ho Pik Ki Peggy Art Museum
5	6 October	中醫與中國文化哲學	Dr. Ng Chi Sun 註冊中醫師及 前香港中文大學中醫學院高級講師
6	13 October	Hong Kong is not Short of Land nor Housing: We are Short of Sustainability and Imaginative Thinking	Prof. Ng Mee Kam Department of Geography and Resource Management
7	20 October	漢藏之間：六世達賴倉央嘉措情歌及 其翻譯淺談	Prof. Nicholas Chan Department of Chinese Language and Literature
8	27 October	香港粵語流行曲：十個關鍵年份	Prof. Stephen Chu School of Chinese The University of Hong Kong
9	3 November	<i>(No class)</i>	
10	10 November	<i>(No class – Day after Congregation)</i>	
11	17 November	香港飲食文化與生活	Dr. Siu Yan Ho Hong Kong Baptist University
12	24 November	社會及文化變遷中的香港粵劇	Prof. Chan Sau Yan Adjunct Professor Cultural Management Programme
13	1 December	從《千與千尋》看成長的冒險	Dr. Tao Kwok Cheung Adjunct Assistant Professor Department of Philosophy

## F. Lecture Descriptions

### (1) Inauguration Ceremony for New Students of New Asia College

#### Self-Enhancement Campaign for First Year Students

Objectives of the talk are in three aspects: first, to help new students to adjust to the university life and integrate into our campus community; second, to promote a supportive and caring culture on campus; third, to help students better understand their mental health status through the use of questionnaires.

#### References:

1. John. B. Bader, *Dean's List: Eleven Habits of Highly Successful College Students*, Baltimore: Johns Hopkins University Press, 2011.  
(Chinese Translation: 「大學生知道了沒？」陳榮彬譯)
2. 「踏出大學站 續上成長路」網上短片 - 中大學生事務處心理健康及輔導中心製作：  
<https://bit.ly/3QrhAdW>
3. 「共燃亮 · 互體諒」：支援特殊學習需要學生網上教材套 - 中大學生事務處心理健康及輔導中心製作：<https://bit.ly/3bIpXmG>
4. Keyes, Corey L.M, ed., *Mental Well-Being: International Contributions to the Study of Positive Mental Health*, Dordrecht: Springer Netherlands, 2013, p.9 – 15. (Retrieved from CUHK Library Electronic Resources)
5. Sunshine At CUHK 中大有晴：<https://www.sunshine.cuhk.edu.hk/>

### (2) The Brief History and Spirit of NA (新亞的創校、發展與「新亞精神」)

The lecture introduces and discusses the foundation and development of NA. It also helps students to understand “New Asia Spirit” by looking into the College Song, College Regulations, College Motto: Cheng Ming (誠明) and College Badge.

#### References:

1. 新亞校歌、新亞學規，錢胡美琦編：《新亞遺鐸》（北京：三聯書店，2004年），頁1-3及5-10。
2. 錢穆：〈新亞精神〉，載《新亞遺鐸》，同上，頁31-33。
3. 錢穆：〈新亞校訓誠明二字釋義〉，載《新亞遺鐸》，同上，頁66-68。
4. 錢穆：〈新亞書院創辦簡史〉，載《新亞遺鐸》，同上，頁753-779。
- 5.《誠明古道照顏色——新亞書院55周年紀念文集》（香港：香港中文大學新亞書院，2006）
6. 李學銘：〈中國書院教育精神與新亞〉，載《讀史懷人存稿》（臺北：萬卷樓圖書公司，2014），頁213-229。
7. 張學明、何碧琪編：《誠明·奮進——新亞精神通識資料選輯》（香港：商務印書館，2019）
8. 李學銘〈「問禮」與「學規」——由校徽說到「求學與做人」〉，《新亞生活》（2019），頁18-21。

### (3) 新亞書院創立時期的香港

*Further information to be announced.*

### (4) 邂逅香港中文大學國寶

The lecture focuses on “Ten Treasures of Bei Shan Tang” (北山十寶), the exquisite Song dynasty rubbings collection of the Art Museum, The CUHK. In 2016 and 2020, the ten rubbings were approved by the State Council of the People's Republic of China to be listed in the “National

Catalogue of Precious Ancient Books”, and they will be showed in the Palace Museum, Beijing during 15 September – 5 November 2023. The history and significance of this rubbings collection, and appreciation of Chinese rubbings and calligraphy will be covered.

Reference:

何碧琪：《尚待發掘的寶藏：略論〈北山十寶〉〈游相蘭亭〉等珍本的歷史文化意涵》，故宮博物院、香港中文大學編：《宋拓魅力：碑帖珍本特展》。（北京：故宮出版社，2023）

**(5) 中醫與中國文化哲學**

中國古人對宇宙和生命有獨特而充滿智慧的理解，認為宇宙是一個整體，天人之間密切聯繫，並以此為基礎發展出一套防治疾病的醫學體系 — 中醫學。是次講座將帶各位認識日常生活所遇到的中醫概念，介紹其背後的理論根源，進而步入中國文化哲學之門，一探箇中奧秘。

References:

1. 科技中國（2006）。〈中醫是成熟的科學 — 訪德國中醫藥學家滿晰博博士〉。取自 [http://k.sina.com.cn/article\\_6442181405\\_17ffbe31d00100b9iz.html](http://k.sina.com.cn/article_6442181405_17ffbe31d00100b9iz.html)
2. 李致重：《中西醫比較 — 形上、形下、並重、互補》（山西：山西科學技術出版社，2019）
3. 李宇銘：《中醫不切西瓜》（香港：突破出版社，2010）
4. 區結成：《當中醫遇上西醫》（香港：三聯書店，2004）

**(6) Hong Kong is not Short of Land nor Housing: We are Short of Sustainability and Imaginative Thinking**

Contrary to the popular discourse, official figures show us that Hong Kong is not short of land nor housing units. Instead, a mode of governance that concentrates power in the bureaucracy with a vested interest in high land prices has created many roadblocks to an inclusive society with vibrant local economies, and accessible, regenerative and resilient environments fundamental to the physical, emotional and social well-being of Hong Kongers. Based on Sustainable Development Goal 11, the UN-Habitat engaged the world to develop the New Urban Agenda which was endorsed by over 160 entities in Habitat-III in 2016. The New Urban Agenda calls for a paradigm shift in urban development that aims at ‘leaving no one, no place and no ecology behind’. This lecture attempts to compare and contrast Hong Kong’s current pursuit of urban development with reference to the New Urban Agenda. Based on the New Urban Agenda, a plausible road map is discussed to explore how the city’s economics-centred mode of development can move towards a more humane and ecological urbanism.

References:

1. Ng, M.K., Yeung, T.C., Cheng, C.H. and Ma, N.Y. (2023). Hong Kong: one city, three spatial forms and two possible fates? In Hu, R. (ed.) *Routledge Handbook of Asian Cities*, New York and London: Routledge, pp.87-103. DOI: <https://doi.org/10.4324/9781003256533>.
2. Ng, M.K. (2020), "[Transformative urbanism and reproblematising land scarcity in Hong Kong](#)," *Urban Studies*, Vol.57, Issue 7, pp.1452-1468.

(7) **漢藏之間：六世達賴倉央嘉措情歌及其翻譯淺談**

倉央嘉措（1683–1706）為第六世達賴喇嘛、藏地著名詩人。其情歌於1930年譯為漢英雙語後，更在世界範圍內廣受關注與喜愛。本次講座在論述倉央情歌的產生背景後，將著眼於這組作品在民國時期漢地流傳的情況，俾聽眾了解其人其詩的永久魅力。

Reference:

陳煒舜、黃鈺瑩：〈不負如來不負卿？— 倉央嘉措詩歌與民國文學場域〉，《東華漢學》第35期（2022年6月）

(8) **香港粵語流行曲：十個關鍵年份**

踏入千禧年代，曾在華語流行樂壇領盡風騷，伴隨幾代香港人成長的香港粵語流行曲影響力江河日下，光輝似已不再。本講座借鑒王德威〈文學的香港史：十個關鍵時刻〉，選取粵語流行曲發展的關鍵年份，理出其發展脈絡，並藉此思考近年有關粵語流行曲復興之說。

References:

1. 黃志華：《原創先鋒：粵曲人的流行曲調創作》（香港：三聯書店，2014）
2. 黃霑：《粵語流行曲的發展與興衰：香港流行音樂研究 1949-1997》（香港：香港大學亞洲研究中心博士論文，2003）
3. Chu, Yiu-Wai, *Hong Kong Cantopop: A Concise History*, Hong Kong: Hong Kong University Press, 2017.

(9) **(No Class)**

(10) **(No Class – Day after Congregation)**

(11) **香港飲食文化與生活**

香港飲食文化獨特，文化來源不同，展現成各款飲食，點心、西餐、米線、鴛鴦，天天接觸，融入生活，文化早在身邊，靜待有心人了解。飲食文化離不開歷史和年代，日常與非日常的飲食經驗，能夠反映出飲食潮流，以及文化的種種變遷。

References:

1. 也斯：《也斯的香港》（香港：三聯，2005）
2. 也斯：《蔬菜的政治》（香港：牛津大學，2014）
3. Sidney C.H. Cheung, *Hong Kong Foodways*, Hong Kong: Hong Kong Matters, 2022.
4. 蕭欣浩：《解構滋味：香港飲食文學與文化研究論集》（香港：初文，2022）

(12) **社會及文化變遷中的香港粵劇**

香港自1840年代開埠至今，經歷了近二百年的社會和文化變遷。本講座從香港粵劇的源流、發展和當代傳承探討粵劇的興衰如何見證和印證了這翻天覆地的改變。

References:

1. 陳守仁：《早期粵劇史：《廣東戲劇史畧》校注》（香港：中華書局，2021）
2. 陳守仁、湛黎淑貞：《香港神功粵劇的浮沉》（香港：中華書局，2018）
3. 陳守仁：《粵劇簡明讀本》（香港：商務印書館，2023）

### (13) 從《千與千尋》看成長的冒險

依據心理學家 Erich Fromm 的說法，成長是一次冒險。我們渴望成長獨立，但又害怕未來的不確定性，徘徊兩者之間，每一階段自有其不安的處境：少女在失貞時的忐忑不安；少年十五二十時初嘗愛情的患得患失；決定遠行時的百感交集；學生畢業面對進入社會的不確定性；成年人對同輩突然離世之同途感……但，這時代特有的焦慮，卻是不願長大。

#### Reference:

Erich Fromm, *The Art of Loving*, New York: Harper and Brothers, 1956, p.1 – 6 (Ch. 1).

## G. Course Arrangement

### 1. Class Attendance

Students have to attend every lecture and arrive at the Sir Run Run Shaw Hall on time. Those who are late for 10 minutes will be counted as absence from class. Attendance will be taken by e-ticketing machines at the end of each class and class attendance could be checked in the CUHK Registration and Attendance System (<http://www.cuhk.edu.hk/ras>) **3 working days after each lecture**. Students are required to bring along their CU Link Card for attendance taking. **One sub-grade will be deducted from the overall grade for every three times of absence.**

### 2. Library tour of Ch'ien Mu Library and NA Campus Tour

Students have to attend a session of “Library tour of Ch'ien Mu Library and NA Campus Tour”. Each session will last for 1 hour 15 minutes with the quota of 24 students per session. The tours will be arranged from 28 September to 12 October and detailed schedule will be announced later.

### 3. On-line Assignment

Students have to access the “Online Assignment” folder under the course Blackboard from 25 September to 13 October 2023 and complete the “Online Assignment”. Deadline for submission of the online assignment is **16 October 2023.**

## H. Course Assessment

- |   |     |
|---|-----|
| 1. Library tour of Ch'ien Mu Library and NA campus tour | 10% |
| 2. On-line assignment                                   | 10% |
| 3. Final examination                                    | 80% |

#### Remarks:

- The course will have most classes conducted in Cantonese. Final examination includes multiple choice questions, true/false questions and essay questions, in Chinese, covering the materials covered in lectures and the required reading materials. **Students are required to answer the questions in Chinese.** Time and venue to be arranged centrally and will be announced in due course.