

# 新亞書院學長計劃 NAC Mentorship Programme

本計劃是...  
Our Programme is...

書院 College

配對  
Matching  
分享平台  
Sharing Platforms  
校友網絡  
Alumni Network  
傳承新亞精神  
Inheriting New Asia Spirit

非形式教育  
Informal Education

配對  
Matching  
學習及分享平台  
Learning and Sharing Platforms  
認識更多同學  
Expanding your network  
認識書院  
Learn more about the College

學長 Mentors

學員 Mentees

傳授職業知識、技巧、經驗  
Passing on career knowledge, skills and experiences  
讓學長了解年輕人的創意和生活模式  
Inspire your mentors with your creativities and life styles  
透過學長更了解自己  
Explore yourself with the guidance from your mentors

# 為何您要參與學長計劃？

## Why is it important for you to join the programme?

### 學員 Mentees

#### 及早為未來準備 Start planning earlier

很多同學以為「學長計劃」是即將畢業的同學才需要參加，其實職業規劃要及早開始！  
職業規劃不應遲過二年級開始，如能早於一年級開始準備，畢業時你將會在找工作時更得心應手！

Many students might think "Mentorship Programme" is for final year students only. In fact, Career Planning should start no later than Year 2 of your study! You will find it easier to find jobs if you start planning your career path earlier.

學員在學長計劃中可以：

In our programme, mentees can:

認識新朋友  
Meet new friends

學習上的指導  
Study Advices

獲得  
計劃事業的指導  
Obtain  
Career Advices

認識不同專業  
Explore different  
areas of expertise

### 學長 Mentors

#### 啟發年青人也啟發自己 Inspire youngsters and yourself

非常多參與過「學長計劃」的學長都會指出，和同學相處，可以真切見到年輕人的世界。  
無論在自己的事業、家庭、個人生活上都有新的啟發。

Many Mentors of this programme comment that being able to get along with youngsters can inspire new ways of looking at their own careers, families and personal lives.

學長在計劃中可以：

In our programme, mentors can:

認識新一代  
Know about  
youngsters

找到好的學員  
Find a suitable  
apprentice

受新事物啟發  
Refresh yourself

認識更多校友  
Expand your  
Alumni Network

# 計劃要求

## Programme Requirements

### 時間 Time

至少會面兩次 (包括網上會議)  
Face to Face / Virtual meeting twice



以任何形式  
每月接觸一小時  
Setting aside about 1 hour  
each month for interactions



學員須出席  
成立典禮及職業講座日

Mentees must attend  
the Inauguration Ceremony and  
the Career Talks Day

### 投入參與 Keen Participation



積極投入大組活動，增進友誼。  
Strengthen the relationships by participating in activities.



學員提交活動/個人反思報告

Mentees submit  
Activity / Self-reflection Reports



### 設定目標 共同達成 Set a goal and accomplish together

為學習、職業發展定下目標，共同達成。  
Set a goal for studies and/or career planning, accomplish together.



學長提交學員評核

Mentors submit  
Mentee Assessments



# 報名參與 To Apply

學員 Mentees



學長 Mentors



報名截止日期  
Application Deadline

**28.9.2023**

查詢  
Enquiries

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